

# SENIOR LIVING COMMUNITY



## SERVICES WE OFFER

Living at **Brentmoor** gives our residents every opportunity to keep active, stay involved and age gracefully.

### Home Cooked Meals

Our chefs plan meals that are similar to recipes that residents have prepared over the years. Fresh fruits and vegetables accompany every meal.

### Housekeeping and Maintenance

Friendly housekeepers and maintenance staff are scheduled to clean and maintain your apartment.

### Transportation

Scheduled transportation to medical appointments is provided as well as weekly shopping trips and social outings.

*Our commitment to seniors is the benchmark for everything we do... our residents come first!*

### Life Enrichment Activities

We try to stimulate our seniors in social activities, physical skills, and mental stimulation activities.

As important, we encourage our seniors to express their opinions, desires and feelings, so that they can be part of a "living community".

### Personal Care Services

Our Care staff is available to help with reminders, assisting in showering, and sometimes just to be a friend.

### Salon

A beauty shop is on site to keep our seniors looking good.



**BRENTMOOR**  
RETIREMENT COMMUNITY

8600 Delmar Blvd., St. Louis, MO 63124

314-995-3811

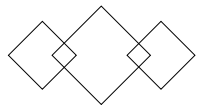
brentmoor.com

*Designed to  
fit your  
Lifestyle Needs*



## INDEPENDENT LIVING

Our independent senior living communities provide the versatility and benefits of being in your own home without the burdens and complexities of everyday life. Our seniors benefit from an independent lifestyle that balances the freedom of independence with a vibrant setting of daily events and activities to live well. Choose from a variety of senior-friendly apartment sizes and floorplans in a community environment that promotes friendship, community and connection to your neighbors.

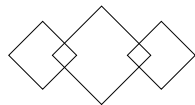


**Give us a call today:  
314-995-3811**



## ASSISTED LIVING

Our assisted living and personal care communities offer a personalized lifestyle for our residents that balances independence and assistance with Activities of Daily Living. Residents enjoy the privacy of their own apartment and the security of 24-hour personal assistance. We believe Assisted Living should empower our residents to remain independent and connected by celebrating their unique identity, life experiences and dreams. Our residents enjoy an active lifestyle while benefiting from a broad array of services and amenities.



**[brentmoor.com](http://brentmoor.com)**



## MISSION

**Our mission is to provide the best service, care, and match for you and your family**

Titan Senior Living is committed to providing the highest quality of service and care. Our goal is to enrich the daily lives of our residents by providing an environment that stimulates them physically, mentally and emotionally in a compassionate, nurturing surrounding. We are dedicated to creating a supportive, safe environment allowing our residents to enjoy a lifestyle promoting dignity and independence.



**TITAN**  
SENQUEST